

## Eosinophils Are Activated by IL-31 and Release IL-31 Upon Stimulation

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#### SUPPLEMENTARY MATERIAL

Supplementary material is linked to the online version of the paper at <http://www.nature.com/jid>

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# IL-31 Induces Chemotaxis, Calcium Mobilization, Release of Reactive Oxygen Species, and CCL26 in Eosinophils, Which Are Capable to Release IL-31

*Journal of Investigative Dermatology* (2015) **135**, 1908–1911; doi:10.1038/jid.2015.106; published online 9 April 2015

## TO THE EDITOR

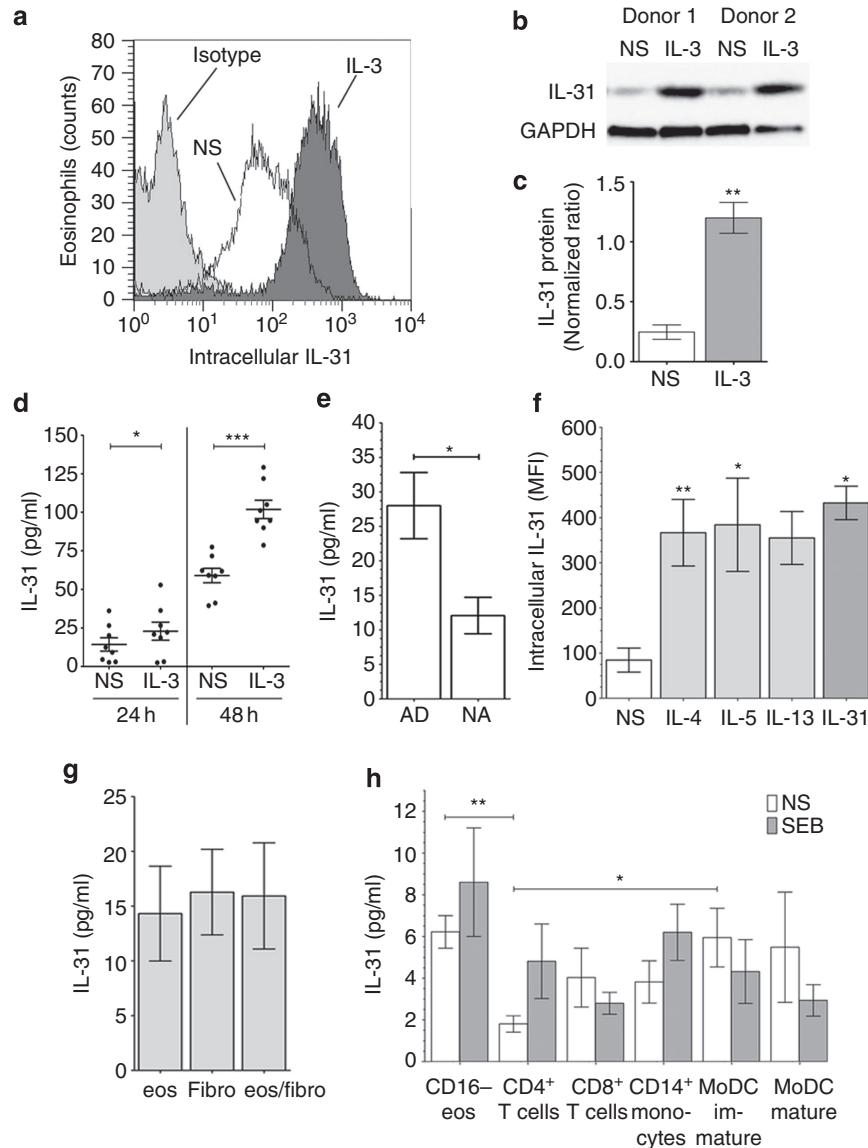
Human eosinophils have an important role in the pathogenesis of allergic inflammatory diseases including atopic dermatitis (AD) and allergic diseases (Simon *et al.*, 2004; Rothenberg and Hogan, 2006; Raap and Wardlaw, 2008). Eosinophils secrete proinflammatory cytokines, chemokines, and proteins like eosinophil cationic protein (RNASE3), a protein known to correlate with disease severity in patients with AD (Kapp, 1993). Another cytokine correlating with disease severity in patients with AD is the pruritogenic IL-31 (Raap *et al.*, 2008; Raap *et al.*, 2012). IL-31 was shown to promote chronic dermatitis in mice through the induction of severe itch (Dillon *et al.*, 2004).

Findings that a subpopulation of IL-31RA(+)TRPV1(+)/TRAP1 (+) neurons mediates T-helper cell-dependent itch support the role of IL-31 in pruritus (Cevikbas *et al.*, 2014). In addition, skin IL-31 mRNA expression and IL-31 serum level correlate with Th2 cytokines including IL-4 and IL-13 in AD and acute allergic contact dermatitis (Neis *et al.*, 2006; Raap *et al.*, 2012).

Originally, IL-31 expression was shown in activated CD4<sup>+</sup> T-helper cells (Dillon *et al.*, 2004; Cornelissen *et al.*, 2012). We demonstrate the expression of IL-31 in human peripheral blood eosinophils (Figure 1a–h). Freshly isolated eosinophils from non-atopic patients, who gave written informed consent (approved by the ethics

committee of the Hannover Medical School (MHH)), were cultivated with and without IL-3, and intracellular IL-31 was measured (Figure 1a, see Supplementary Material and Methods S1 online). Stimulation with IL-3, a cytokine that can enhance responses of eosinophils to various agonists (Simon *et al.*, 2004), increased the intracellular expression of IL-31 (Figure 1a). These results were confirmed with the western blot technique and the densitometric analysis of the western blot (Figure 1b and c). In addition, we determined IL-31 protein content in supernatants by ELISA (Figure 1d). The release of IL-31 increased during the time of incubation of eosinophils (Figure 1d). Similar to the densitometric analysis (Figure 1c) of the western blot, IL-3 significantly increased IL-31

Accepted article preview online 19 March 2015; published online 9 April 2015



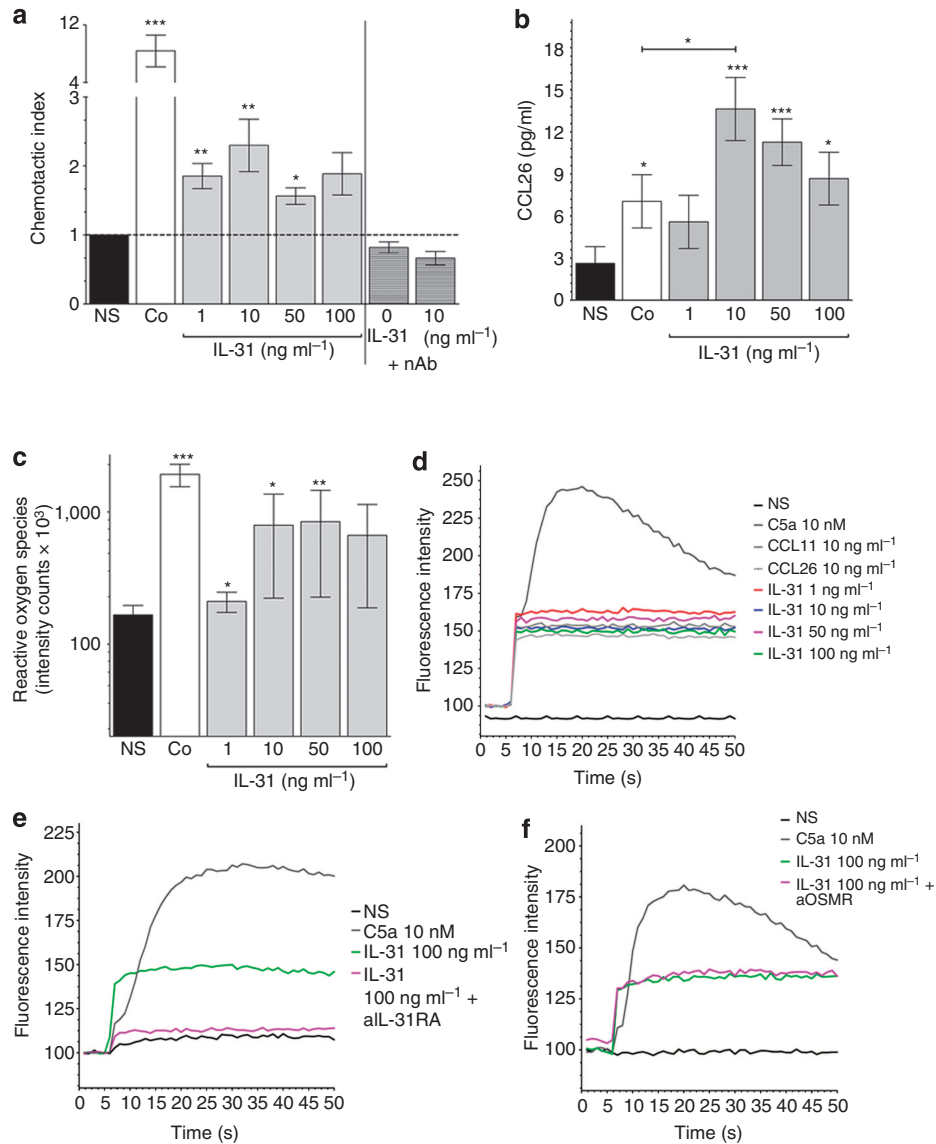
**Figure 1. Analysis of the expression and release of IL-31 in eosinophils.** Human eosinophils from atopic dermatitis and non-atopic patients were isolated as described in Supplementary Material and Methods (S1 online). Eosinophils were stimulated with various cytokines (each  $10 \text{ ng ml}^{-1}$ ) or SEB ( $1 \mu\text{g ml}^{-1}$ ) for the respective time (NS: unstimulated) (\* $P < 0.05$ ; \*\* $P < 0.01$ ; \*\*\* $P < 0.001$ ; SEM). (a) Intracellular staining of IL-31 displayed as histogram ( $n = 10$ ). After 60 minutes of stimulation, fixed and permeabilized eosinophils (NA) were stained with antibodies against IL-31 or isotype. Light grey area: isotype; colourless area: no stimulation (NS); dark grey area: IL-3 stimulation. (b) Detection of IL-31 with western blot (WB) from protein lysate 60 minutes after stimulation (one WB out of three; D1/ D2: Donor;  $n = 3$ , NA). GAPDH was used as a reference gene. (c) Densitometric analysis of the WB results by using ImageJ ( $n = 3$ ). (d) Determination of IL-31 in the supernatant after 24 and 48 hours by ELISA (non-stimulated,  $n = 8$ , NA). (e) Determination of IL-31 in the supernatant of eosinophils from atopic dermatitis (non-stimulated,  $n = 3$ , AD) and non-atopic (non-stimulated,  $n = 3$ , NA) patients after 24 hours. (f) IL-31 intracellular staining after stimulation with IL-4, IL-13, IL-5, and IL-31 for 60 minutes (MFI: mean of fluorescence intensity; NA). (g) Determination of IL-31 in the supernatant of eosinophils (eos, NA), fibroblasts (fibro), and co-culture of both after 24 hours in culture (non-stimulated,  $n = 3$ ). (h) Determination of IL-31 in the supernatant by ELISA.  $\text{CD4}^+$  and  $\text{CD8}^+$  T cells,  $\text{CD14}^+$  monocytes, eosinophils ( $\text{CD16}^-$ , eos), and monocyte-derived dendritic cells (DC) (MoDC, immature/ mature) were isolated and stimulated with SEB for 6 hours ( $n = 4$ , NA). AD, atopic dermatitis patient; NA, non-atopic patient.

protein release (Figure 1d). Indeed this is interesting given the fact that eosinophils could activate neighboring cells including T cells, mast cells, and epithelial cells in the inflammatory infiltrate via the release of IL-31. Thus, this finding is highly relevant, especially

in regard to inflammatory itchy skin diseases and particular as it was shown that IL-31-stimulated T cells produce CCL2 and GM-CSF (Stott *et al.*, 2013).

As IL-31 is increased in allergic inflammatory skin diseases including AD, we determined the release of IL-31

from eosinophils of AD patients, who signed informed consent (approved by the ethics committee of the MHH). AD eosinophils displayed an increased release of IL-31 after 24 hours in culture compared with eosinophils of non-atopic patients (Figure 1e). We thus



**Figure 2. Chemotaxis, ROS, and CCL26 release and calcium mobilization.** Human eosinophils from non-atopic patients were isolated as described in Materials and methods and stimulated with IL-31 (1–100 ng ml<sup>-1</sup>) or C5a as a positive control for the respective time (S1 online). (nAB: 20 µg ml<sup>-1</sup>; anti-IL31RA Ab 10 µg ml<sup>-1</sup>; anti-OSMR Ab, 10 µg ml<sup>-1</sup>). (\**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001; SEM). (a) Chemotaxis assay: migration of eosinophils during 3 hours was analyzed by using a modified Boyden Chamber in the presence of C5a (Co, 10<sup>-8</sup> M) and IL-31 (1–100 ng ml<sup>-1</sup>) (*n* = 15). Neutralizing antibodies against IL-31 were used to block the migration (*n* = 3). Chemotactic activity is presented as the ratio of the number of migrating eosinophils in the presence of stimulus/migrating eosinophils in the presence of the medium. Dotted line indicates the level of chemotaxis of unstimulated (NS) eosinophils. (b) Measurement of CCL26 in the supernatants after 48 hours by ELISA after stimulation with IL-3 (positive control, Co, 10 ng ml<sup>-1</sup>) and IL-31 (*n* = 13). (c) Release of ROS (reactive oxygen species) displayed as intensity count (*n* = 20) measurement using a single-photon imaging system followed immediately after stimulation with C5a (Co, 10<sup>-8</sup> M) or IL-31. (d) Calcium influx was measured immediately after stimulation with IL-31 and displayed as fluorescence intensity per seconds (*n* = 3). C5a (10<sup>-8</sup> M), CCL11, and CCL26 (each 10 ng ml<sup>-1</sup>) served as positive controls. (e) Inhibition of the IL-31 (10 ng ml<sup>-1</sup>) induced calcium influx by using anti-IL-31RA. (f) Measurement of the IL-31 (10 ng ml<sup>-1</sup>) induced calcium influx after prestimulation with anti-OSMR. Co, pos. control; nAB, neutralizing antibody; NS, non stimulated.

addressed whether Th2 cytokines regulate IL-31 release. Accordingly, eosinophils were cultivated for 60 minutes with IL-4, IL-5, IL-13, and IL-31 with subsequent analysis of intracellular IL-31 (see Supplementary Material and Methods S1 online). Stimulation with Th2 cytokines led to a clear upregulation of IL-31, which was significant with IL-4 and

IL-13 (Figure 1f). Interestingly, IL-31 stimulation led to an increased expression of IL-31 as well (Figure 1f).

We further analyzed the impact of a co-culture of eosinophils with fibroblasts in relation to their IL-31 release (generation of fibroblasts see Supplementary Material and Methods S1 online) after 24 hours in culture. As

already observed, fibroblasts secrete IL-31 (Cornelissen *et al.*, 2011). However, the co-culture of eosinophils and fibroblasts did not further enhance IL-31 expression (Figure 1g). As we were interested in the expression of IL-31 by eosinophils in comparison with other cells, we isolated CD4<sup>+</sup> and CD8<sup>+</sup> T cells, CD14<sup>+</sup> monocytes, eosinophils

(CD16<sup>+</sup> cells), and monocyte-derived dendritic cells (MoDC; immature and mature) and assessed the IL-31 release in supernatants from non-stimulated and staphylococcus enterotoxin B (SEB, 1  $\mu\text{g ml}^{-1}$ )-stimulated cells after 6 hours. SEB, an endotoxin from *S.aureus*, is known to rapidly induce IL-31 mRNA expression in atopic individuals (Sonkoly et al., 2006). Interestingly, eosinophils displayed the highest IL-31 release, which was significantly higher compared with the IL-31 release by CD4<sup>+</sup> T-helper cells (Figure 1h). Furthermore, SEB led to a clear induction of IL-31 in eosinophils and CD4<sup>+</sup> T-helper cells (Figure 1h). As it seems that IL-31 has a chemotactic function (Dillon et al., 2004), we investigated whether IL-31 influences the eosinophil chemotaxis by performing a modified Boyden-chamber assay (Figure 2a). Within the chosen dose range of 1–100 ng ml<sup>-1</sup>, IL-31 induced significantly the chemotaxis in eosinophils in a dose-dependent manner (Figure 2a). Using a neutralizing anti-IL-31 antibody, the IL-31 induced chemotaxis was completely abolished (Figure 2a). This indicates that IL-31 may be involved in the recruitment of eosinophils, which is consistent with the finding that IL-31 induces cell surface expression of adhesion molecule CD18 (Cheung et al., 2010). As eosinophils represent circulating cells, their recruitment via chemotaxis is important for the maintenance of the inflammatory infiltrate (Rothenberg and Hogan, 2006). In addition, we displayed that IL-31 increased CCL26 release in a dose-dependent manner, which supports the finding that IL-31 induces migration of eosinophils (Figure 2b). In response to a chemoattractant, the concentration of cytoplasmic calcium rises. We tested the calcium influx under the influence of IL-31. In eosinophils from non-atopic patients, the intracellular Ca<sup>2+</sup> levels increased after stimulation with IL-31 (Figure 2d). As positive controls C5a, CCL11, and CCL26 were used (Lampinen et al., 2004). IL-31 caused an influx of Ca<sup>2+</sup> similar to CCL11 and CCL26 (Figure 2d). Further, we wanted to see whether the Ca<sup>2+</sup> mobilization was mediated via these receptors by blocking with anti-IL-31RA and anti-OSMR antibodies. In the presence of antibodies, the

IL-31 induced increase in intracellular Ca<sup>2+</sup> level was reduced. This reduction was more effective by blocking IL-31RA then by blocking the OSM receptor (Figure 2e and f). Thus, our data indicate a biological function of IL-31 exerted via IL-31RA in eosinophils.

Eosinophils are suggested of having a role in tissue damage by the release of reactive oxygen species (Neves and Weller, 2009). Therefore, we analyzed whether IL-31 influences the release of reactive oxygen species of eosinophils. Stimulation with IL-31 in a dosage of 10, 50, and 100 ng ml<sup>-1</sup> induced a respiratory burst of eosinophils compared with the incubation in a medium (Figure 2c). C5a was used as a positive control and led to a release of reactive oxygen species as expected (Figure 2c).

Summarizing, to our knowledge previously unreported, we show that eosinophils are a source of IL-31 and capable of releasing it. The findings that the IL-31 release by eosinophils is higher in AD patients and Th2 cytokines further increase the IL-31 release in eosinophils suggest an important regulatory pathway for inflammatory skin diseases including AD. Finally, we show that IL-31 affects eosinophils functionally with induction of chemotaxis, mobilization of Ca<sup>2+</sup>, release of CCL26, and reactive oxygen species. Thus, IL-31 constitutes an attractive target for the treatment in eosinophil-associated allergic inflammatory diseases.

#### CONFLICT OF INTEREST

Ulrike Raap received a research grant by Novartis, is or was a steering committee member, and received lecture honoraria by Novartis. Nikola Kunsleben is a medical student and was supported by an educational grant from the Hannover Biomedical Research School DFG, GSC 108.

#### ACKNOWLEDGMENTS

We kindly thank Susanne Mommert for critical discussions of the manuscript, Thomas Werfel for delivering the fibroblasts, Nicole Komrowski for help with the western blot, and Andrew P. Wise for English proofreading of the manuscript.

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#### SUPPLEMENTARY MATERIAL

Supplementary material is linked to the online version of the paper at <http://www.nature.com/jid>

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